



Half term already?

We can't believe how fast this half term has flown by. The children have been working hard and there have been lots of collaborative work going on. We have really enjoyed our Art week - where everyone has been learning more about art and creating their own Jewel for our "Belonging" installation to mark our first year as a full school!

Need to speak to your child's teacher?

We have had lots of parents trying to have conversations with teachers and support staff as they are dismissing the children. This is not an appropriate time as we need to ensure children are safe. If you need to speak to your child's teacher, please wait until everyone has been dismissed. If it is not appropriate for your child to hear the conversation, we may be able to organise a visit to Little Gems for a short time too.



Paperless and www.jewel-aspirations.org

A reminder we are now paperless! If you would like a text when new newsletter are released, you MUST make sure our office have your mobile number and it is up to date.



Fab Finish Dates:

Come and see what your child has been learning about this half term...
Rec - Wednesday 31st October at 9.05.
Year 1 - Thursday 18th Oct 9.05 in the hall.
Year 2 - Tuesday 30th Oct at 9.05.
Year 3 - Friday 19th Oct 9.05 in the hall.
Year 4 - Wednesday 17th Oct 9.05
Year 5 - This time they shared their learning with year 1 - ask your child what they did!
Year 6 - Friday 19th Oct at 2.40.

Parking:

We are receiving a lot of complaints about parking outside the school. DO NOT stop on the zig zag area or yellow lines. Parking enforcers will be out and about and we never know when. This is to protect your children and keep them SAFE.

58% of children killed or seriously injured occur between 3 .00pm and 5.59pm
13% of children killed or seriously injured occur between 8.00am and 8.59am





Packed Lunches:

We have seen a lot of packed lunches since we have been back that are not acceptable e.g. sweets, fizzy drinks and chocolate bars. These foods are loaded with sugars, caffeine, chemicals, and sodium, leaving children tired, unfocused, jittery, and sick—which not only impact students' grades and performance, but also influences their behavior and moods. Please see page 2 for ideas for your child's lunchbox and snack.



Non uniform day / Mufti:

This year we are teaming up with our sister school Ocean Academy Poole and Barclays to raise money and awareness of Prakashdeep. This charity has been set up to enable children in India to attend school - something we all take for granted. On Friday 19th October the children may come to school in their own clothes for a donation of £1. We will also be having a special assembly with a representative from Barclays to explain the charity to the children.

Jewell Packed Lunches Expectations

Group 1: Bread and Cereals

Bread, breadsticks, pitta bread or bagels.

These are filling and provide energy.



Group 3: Fruit and Vegetables

Salads, crispy raw vegetables (e.g. carrots, celery and cucumber). Also fresh, dried and tinned fruit.

These provide fibre and vitamins to good health and disease prevention.

Snacks provided for Playtime in Years 3-6 **MUST** be fresh fruits or vegetables.



Our Healthy Eating Policy states that packed lunches **MUST NOT** contain: chocolate, sweets or drinks other than water. It is important not to put too much in your child's lunchbox either, as they tend to think they have to eat it all!

NHS advice is that children have one food from each group so your child gets what they need for healthy growth and fitness.

Drinks

To help keep your child hydrated, please only provide them with water to drink - this applies to lunchboxes and during the day.

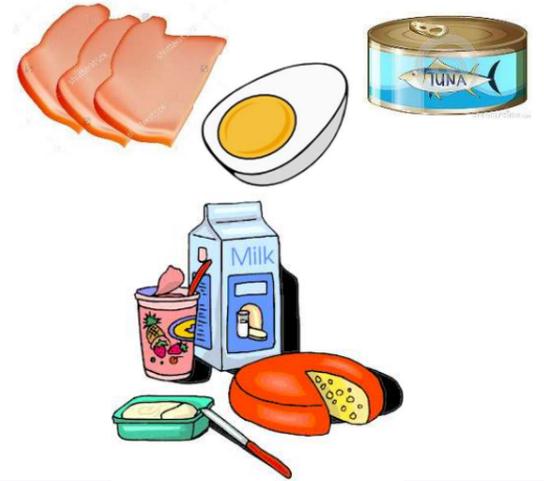
No Nuts!

Due to allergies we are a no nuts school, this includes peanut butter.

Group 2: Meat and Alternatives

Lean meat, tinned fish, chicken, hummus or egg.

Growing children need the protein, iron and vitamins these foods provide.



Group 4: Milk and Dairy

Yoghurt, cheese, fromage fraise and milk.

These are essential for children to have strong bones.